

Basil Vinaigrette

Serving Size 2 Tbs

Servings ~ 1 cup



Nutrition Information

Calories	34
Sodium	44 mg
Carbs	0 g

Health Benefit

[Low Calorie](#)

Independence Live Recipe

Ingredients

[shallot, sliced](#)

[1/2 cup basil leaves](#)

[1/4 cup extra virgin olive oil](#)

[3 Tbs. red wine vinegar](#)

[2 tsp. honey](#)

[2 tsp Dijon mustard](#)

[1/4 tsp. sea salt](#)

[1/2 tsp. black pepper](#)

Directions

1. Combine ingredients in a blender and puree until smooth
2. Refrigerate, airtight container, up to 5 days

Note: Vinaigrette may discolor but is still good

[Do it Better Wellness LLC](#)